

Dr. David Schlam

The Top 10 Things You Must
Know Before Choosing Your
Podiatrist



Hollowbrook Foot Specialists

Welcome Letter from Dr. Schlam

Dear Friend,

My compassionate, experienced team and I at Hollowbrook Foot Specialists, P.C. strongly believe that your and your family's health is paramount to everything else. We also realize that what is right for one patient isn't necessarily the best choice for another. If you are currently seeking a foot and ankle specialist for yourself, your child, or another loved one, I hope this report helps you to identify your own priorities and questions to ask a potential new doctor.

The authority and expertise provided by my team are significant benefits of our practice, but what really sets us apart from other podiatry offices is our passion for helping people. We provide our patients not only with state-of-the-art foot and ankle treatments but also with exceptional expertise in a friendly, compassionate atmosphere.

In writing this report, I considered the advice I would give my own family if they live too far for me to treat them myself. The questions I recommend asking here are the 10 most important characteristics to look for in a podiatrist. When you find a podiatry office that can provide everything I've listed here, then you have likely found a care provider who can help you and your loved ones achieve a pain-free, mobile lifestyle. If you would like to know more about any of the information I've included here, feel free to call my friendly and knowledgeable team at **845-218-7935**. We are here for you!

To your healthy feet,

Dr. David Schlam

P.S. When you have finished this report, I invite you to schedule an evaluation with our podiatry team by calling **845-218-7935**. You may also visit our website at www.hollowbrookfoot.com.



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1. Do They Have Extensive Experience?

No matter what you're researching or seeking, any expert in their field should have enough experience to be great at what they do. In medical practices, this is extremely important, as it has to do with your health. Your podiatrist should have enough experience to expertly diagnose and treat whatever foot or ankle condition you may have.

Hollowbrook Foot Specialists, P.C. has helped more than 17,000 patients in Hudson Valley relieve their foot and ankle issues and get back to enjoying life without pain. This experience has helped to make us experts in our field and given us the ability to diagnose your foot or ankle conditions quickly and accurately, while also having the ability to offer your treatment options that work effectively.

In addition, our podiatrist Dr. David Schlam is board-certified by the American Board of Foot and Ankle Surgery, a Diplomate of the National Board of Podiatric Examiners, and is Certified in Hyperbaric Oxygen by the Undersea and Hyperbaric Society. He has also served as Chief of Department of Podiatry at St. Luke's Cornwall Hospital.

Dr. Schlam has decades of experience and advanced training, which he brings to our patients every day. With his level of experience, you can be sure you're going to receive the highest quality of podiatry care available every time you visit Hollowbrook Foot Specialists, P.C. Contact us today to schedule an appointment. We look forward to meeting you!



2. Do They Have a Guarantee?

Like most people, you're probably busy with work, school, and other commitments. Your schedule may be hectic, but healing your foot or ankle condition doesn't have to be. Though this doesn't ring true for all podiatrists, some of us offer scheduling times so that you don't have to worry about shifting the rest of your life around.

At Hollowbrook Foot Specialists, P.C. we know your time is valuable, which is why we have extended hours up until 7 PM for flexible scheduling. We call it our **Never Miss Work or School Guarantee**. Our experienced team in Wappingers Falls, NY knows that you and your family have busy school and work schedules and we will do our best to meet your scheduling needs with our expanded office hours.



3. Do They Have Multiple 5-Star Reviews?

Ideally, you should find a podiatrist with a longstanding and excellent reputation. One of the easiest ways to determine how respected and experienced a podiatrist is through patient reviews. Using the Internet today, it is easy to see ratings and reviews from actual patients. Simply go to Google, and search for podiatrist ratings and reviews within your community.

At Hollowbrook Foot Specialists, P.C. we are thrilled to say that we have numerous testimonials from happy patients on our website. We have also received multiple 5-Star reviews on Google and Facebook. We are extremely proud of these reviews and will continue to work diligently to earn them from our patients! Your healthiest feet and ankles are our top priority!



4. Do They Use Advanced Technology?

As you search for your podiatrist and research the different equipment and technology used in the field, you may come across things such as diagnostic ultrasound, x-rays, and other equipment that aids in diagnosing and better treating your foot or ankle condition. There are certain podiatrists who have all the minimum equipment they should have, then there are those who go above and beyond. In order to treat the widest range of conditions and offer you the best service possible, podiatrists need specific equipment for diagnostics, x-rays, and various different treatment methods.

In choosing Hollowbrook Foot Specialists, P.C. for your podiatry care, you are opting for a practice that relies on the most advanced podiatry treatments using state-of-the-art technology and resources. We ensure you are receiving the most accurate foot diagnosis and care by utilizing the most advanced equipment including:

- **Fluoroscopy** – Provides a dynamic view of your radiographs and allows us to view your bones and joints as they move while you apply weight on your foot
- **Radiofrequency Ablation** - Radio waves produce electric currents to heat up small nerve areas and reduce pain
- **Regenerative Medicine** - Expedites the natural healing process through stem cell therapy
- **Digital Radiography** - An advanced x-ray that uses sensors to scan images and save them digitally for instant results
- **Ultrasound-Guided Treatment**
- **Computer Scanning for Orthotics**
- **Custom-Molded Orthotics**
- **Custom-Molded Foot & Ankle Braces**



5. Do They Have A Variety of Treatment Options?

In your search for potential podiatrists, it's essential to find one who offers the latest treatments for a variety of foot and ankle conditions. Ensuring your podiatrist can help you or your loved ones with a multitude of foot or ankle issues means you can establish a trusted relationship for years to come.

At Hollowbrook Foot Specialists, P.C. we take pride in being industry leaders, so our podiatrist and team are committed to providing the highest quality foot care and restoration using various treatment options. Our team has helped patients gain relief from foot and ankle pain associated with plantar fasciitis, heel pain, toenail fungus, ingrown toenails, ankle sprains, custom orthotics, and much more!

The field of podiatry is constantly evolving, and our feet specialists undergo continuing education regularly to ensure we're always providing our patients with the latest treatment options available.



6. Are They Board-Certified?

A podiatrist who's been board-certified has been voluntarily examined by their peers on the basis of knowledge and clinical skill. Becoming board-certified signifies the podiatrist's pursuit of continued proficiency and excellence in the field of podiatry. In your quest for a podiatrist, finding one who is board-certified means you will be receiving the best care available from a committed professional who truly cares about the health of your feet and ankles.

At Hollowbrook Foot Specialists, P.C. our podiatrist Dr. David Schlam is proud to be board-certified by the following organizations:

- Diplomate - National Board of Podiatric Examiners
- Board Certified - American Board of Foot and Ankle Surgery
- Certified in Hyperbaric Oxygen - Undersea and Hyperbaric Society

In addition, Dr. Schlam is currently a member of the following professional associations:

- Fellow - American College of Foot and Ankle Surgeons
- Member - American Podiatric Medical Association
- Member - New York State Podiatric Medical Association
- Associate - American Society of Podiatric Dermatology
- Associate - American College of Podiatric Sports Medicine

With three board certifications and membership in a host of professional associations, Dr. Schlam makes providing you with the highest quality care available his priority.



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7. Do They Have On-Site X-Rays?

Digital x-rays allow podiatrists to diagnose issues patients may be having in the bones or joints of their feet or ankles. These types of issues include heel spurs, hammertoes, bunions, and a number of other foot problems that can develop.

At Hollowbrook Foot Specialists, P.C. our convenient, on-site digital x-ray machine helps us to quickly diagnose and treat your foot or ankle condition because the images are immediately available to us on a computer screen. This is much more efficient and accurate than conventional x-ray machines, which use photographic film that needs to get processed to see your results. With our on-site digital x-ray machine, your treatment can then be carried out faster and with more accuracy, if you have an issue with the joints or bones in your feet and ankles.



8. Do They Have Discounts?

Discounts show that your doctor appreciates you as a patient and cares about giving back to you. Whether it be 0% interest monthly payments or taking a percentage off of your treatment cost to save you money, it's good to know what your options are. When consulting with your potential podiatrist, be sure to ask if they offer any discounts on services or treatments.

Hollowbrook Foot Specialists, P.C. offers a number of ways to save on treatment costs so you don't have to sacrifice expert care for affordable treatment. We keep our costs fair, accept most major insurance plans, and will work with patients who have high insurance deductibles or those who have no insurance. We also offer discounts on orthotics if you have to pay out-of-pocket costs and to patients who pay in full.



9. Can They Treat Patients When Other Doctors Couldn't?

Even if you have already seen a podiatrist in Wappingers Falls, NY, you always have the option to see another foot specialist for a second opinion, especially if the treatment they recommended to you has not alleviated your pain or condition. Or, perhaps you think you may have been misdiagnosed.

If that is the case, you always have the option to see Dr. Schlam at Hollowbrook Foot Specialists, P.C. for a second opinion. If you aren't certain that their recommendation fits your needs, expectations, or lifestyle, we'd be more than happy to review your case and make a recommendation for your unique podiatric needs.

We have the experience, knowledge, and technology available to accurately and effectively diagnose and treat almost any foot or ankle condition—and have already helped countless patients who could not find relief from other podiatrists.



10. Do They Have A Large Variety of Diabetic Footwear?

Diabetics often need shoes that will not irritate their feet – because if a diabetic gets a sore of any kind, it can spell big trouble. Diabetic shoes are no longer considered ugly and have the great benefit of being extra comfortable. You'll be surprised how most diabetic shoes look just like regular shoes. If you are in need of diabetic shoes, make sure your podiatrist of choice carries a large selection from which to choose.

Hollowbrook Foot Specialists, P.C. is proud to have one of the most impressive selections of diabetic footwear in Hudson Valley! They vary from sneakers, to work boots, to dress shoes – some even with heels! Our selection of diabetic shoes covers just about every size foot, in just about every width from leading brands, including Orthofeet, Apis, Aetrex, and Dr. Comfort. We can assure you that you'll find a style and look that fits your needs.



BONUS: Do They Have Affordable Payment Options?

Even though this report is titled “Top 10 Things You Must Know Before Choosing Your Podiatrist,” I simply can’t omit the importance of affordable payment options when you’re seeking a foot specialist. That’s why I’ve included this here as a bonus question to ask while you do your research. If you have insurance, then you may have concerns about whether a podiatrist will accept your insurance provider and how much of a given treatment will be covered. If you don’t have insurance, then perhaps you need to ensure that you can afford the treatment that you or a loved one needs.

At Hollowbrook Foot Specialists, P.C. it’s our belief that your health should never be put on hold due to cost, and we work to provide you with the most flexible payment options available.

We accept most insurance plans including:

- Medicare
- Blue Cross
- Aetna, MVP (Mohawk Valley Plan)
- Metropolitan Empire Plan (NY State Employees)
- CDPHP
- Cigna
- GHI
- 1199, Oxford
- UMR
- United Health

We will work with our patients who have high insurance deductibles and even those who have no insurance. We also offer discounts on orthotics if you have to pay out-of-pocket and to our patients who opt to pay in full for treatment.

We want to help simplify the finance process, so you can focus on what really matters most – your or your loved one’s foot and ankle health. When you walk through the doors of our podiatry office, you can feel confident knowing that your foot health is our main priority. We are here for you!

Closing Letter from Dr. Schlam

Dear Friend,

I hope this report has helped you learn more about podiatry in general and potentially shown you how our team at Hollowbrook Foot Specialists, P.C. can help you, your spouse, parent, or other loved one. To accomplish our mission of providing uncompromising excellence in podiatric care, we would be honored and grateful to meet and tell you more about how we can help you live your life free from pain.

We simply want to answer your questions, address your concerns and have you experience podiatry at it's very best. We will share with you our expert medical recommendation based on our years of experience, advanced diagnostics, and thorough analysis. We take great pride in serving our patients and believe that healthy feet make for a happy life!

If you have questions, please feel free to call our friendly office at 845-218-7935. We are always here to answer your questions.

Sincerely,

Dr. David Schlam

P.S. When you are ready to schedule an appointment, simply call **845-218-7935** and speak with one of our friend-ly team members.





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